



better together

Montgomery Elementary School | 1221 Stump Road, North Wales, PA 19454 | 215-368-6614

APPROVED FOOD CHOICES FOR INDIVIDUAL CLASS SNACK

(This list does not apply to individual student lunches.)

We have an increasing number of students with potential life-threatening allergies. In an effort to promote a safe environment for all students, the following list of approved choices has been developed to provide families with a guide on selecting snacks that students may safely eat in the classroom.

PLEASE HELP KEEP OUR CLASSROOMS PEANUT-FREE. In addition, we do not allow students to trade or share their snacks with others.

[This list does **not** apply to individual student lunches—**peanut products may be consumed in designated areas in the cafeteria.**]

Please note: If a label says the product "may contain traces of peanuts/nuts" or "processed with" or "processed on" or "shared equipment," it is not a safe snack. Manufacturers often change their production lines, methods and labeling. Therefore, it is important to check the product at the time of purchase.

- Vegetables- any
- Fruits- any
- Sunmaid Raisins – original only
- Applesauce cups and pouches
- Pepperidge Farm Goldfish – Cheddar, Pizza and Baby
- Pirate's Booty – Aged white cheddar
- Skinny Pop – popcorn cakes, popcorn & puffs
- Utz – cheese balls, potato chips, popcorn
- Wise – potato chips, cheez doodles, cheez curls, corn chips, popcorn
- Rold Gold Pretzels
- Snyders Pretzels – mini, sticks, snaps
- Lays potato chips
- Tostitos
- Baked Lays – Sunchips, BBQ, Cheetos Crunchy, Ruffles Cape Cod original potato chips
- Danimals – No toppings
- Kozy Shack – chocolate, vanilla or rice pudding
- Mozzarella & Cheddar cheese sticks
- Enjoy Life brand products

***This list does not provide absolute protection for students with specific or general allergies. The approved food lists are not intended to replace medical advice from physicians or other healthcare providers. Individual students with food allergies must file and complete all necessary district forms with the school nurse. ***